

Six Obstacles Preventing You from Achieving Your Goals in 2018

As the year begins I want to talk about the “thing” that gets in the way of you achieving your goals.

Over the holiday break for me, it’s a great time to reflect on my past achievements for the

year and look towards the next 12 months.

Once I go through the goals I have achieved and assessed where my success came from, I go about setting new goals for the coming year.

I make sure that I pat myself on the back and congratulate myself for the goals I have achieved.

Whenever I do this the question always comes up “How come I achieved some goals, while others were not achieved?”

They were all important to me or I would not have written them down in the first place.

No matter how much I tried to reach those goals for some reason they eluded me.

What did I learn?

The goal might have been too much of a stretch.
I did not give myself a realistic time to achieve it.
I did not allocate the right time and resources to make it happen.
I was not committed emotionally to it.
I did not WORK AT IT WITH THE SAME PASSION AS THE ONES I DID ACHIEVE.
I did not monitor it.
In my next article, I hope to give you some of the solutions to help overcome these obstacles to get you off to a good start in 2018

Until then

Have fun selling your stuff in 2018.



Mike Brunel started mikebrunel.com after being a successful entrepreneur and founder of NRS Media. He co-founded NRS Media in Wellington, New Zealand, expanded it into a global powerhouse in media sales and training, and was eventually responsible for opening offices in London, Atlanta, Toronto, Sydney, Capetown, and Bogota. His products and services are now sold in 23 countries and in 11 languages generating $350 million annually in sales for his clients. Mike sold the company in 2015 and now spends his time following his passions which include rugby, travel. His promise: “I can find thousands of dollars in your business within minutes – GUARANTEED” TRY ME OUT!